



OUR AIM:

To turn Northstowe Sports Centre into a **true community hub** — active, inclusive, and accessible for everyone.

1 MONTH COUNTDOWN!!!

Nov 12th

Commencement of Construction

Nov 22nd

Memberships and new app launch: JOIN NOW!!

Dec 20th

Completion of gym build

Jan 2nd

Jan 5th



Launch of Group Exercise Programme







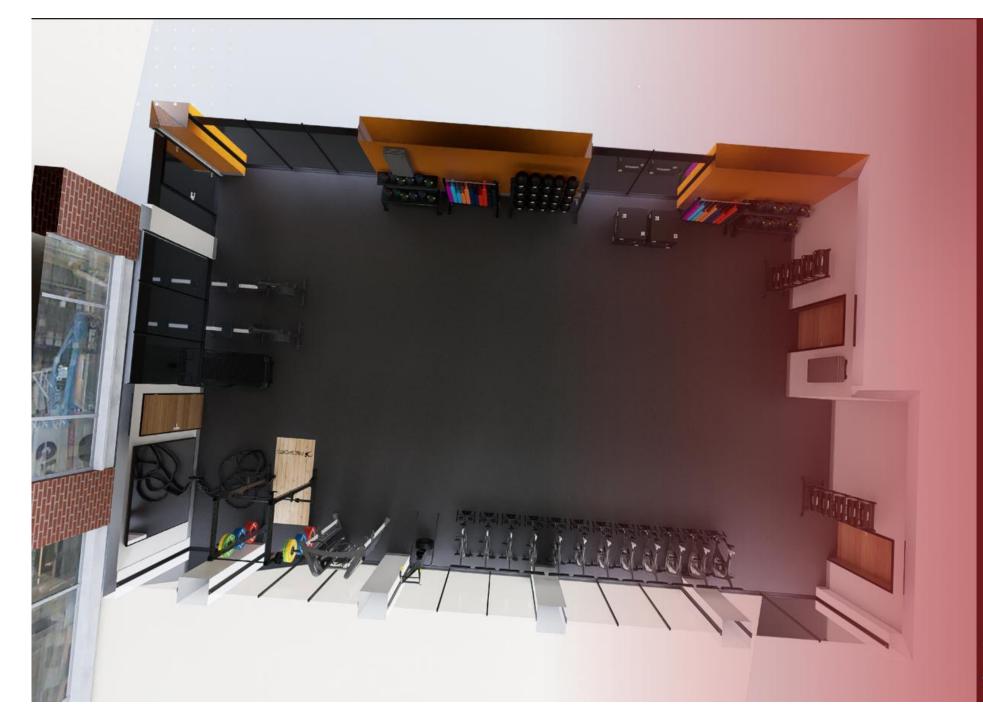
Over 50 Fitness Stations

Cardio, Free Weights And Resistance Machines Available

> High Tech, Modern Equipment



A Gym designed for EVERYONE





More Equipment to access and a new space for GROUP EXERCISE CLASSES



25 spin bikes



Mornings, Afternoon and
Evenings
Midweek and Weekends
(Times Coming Soon)





Making the SH1FT! Group Exercise Classes

Follow Us on Facebook for the Latest Info



Up to 30 classes per week available

9 different variety of classes

All bookable via the App





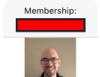






Hello Warren

























Our NEW APP!!





Automated Payments Membership Management





Bookings & Classes

Sales & Marketing Tools



Access Control

Powered by





P&E M1nd with Lee Graham

Activity and Spin Studio

.11 30 87 45m

20 spaces

Mon 01 Dec



P&E R1DE with Lee Graham

Activity and Spin Studio

07:00 45m

20 spaces

Book



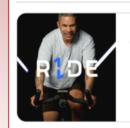
P&E M1nd Activity and Spin Studio

19:00 45m

20 spaces

Book

Tue 02 Dec



Ш

P&E R1DE Activity and Spin Studio 06:00 45m

20 spaces

Top











Membership Options

Basic

Standard

JOIN TODAY!

Unlimited Gym Only

Unlimited Gym and Group Exercise Classes

DAY PASSES
MONTHLY Direct Debits
ANNUAL Memberships



Student, Meridian Staff, Concession and Cooperate discounts available



More than just a Gym



Activities Coming in 2026

Youth Clubs - weekly sessions for different age groups

Holiday Camps - multi-sport, fun-themed activity days in the holidays.

Birthday Parties - sports, games, and party packages

Glow Sports - UV-lit sessions for football, dodgeball, and netball and dance

Evening Activities for Children & Young People - inclusive, affordable sessions

New Partnerships - local clubs, coaches, and groups to widen the offer

Want to Hire a Facility? Visit our website



Meet the Manager



Lee Graham **Sports Centre Manager**

For more information:

Visit our Website

Like, Follow, Share







Enquire Today via the app



Become a Member **TODAY**



Follow Us on Facebook









