

Stay Safe

Do you have any of the following concerns?

- Worried about losing your home
- Upset at the way others are treating you - emotionally, physically and financially
- is anyone or anything making you feel unsafe or worried

We can help by:

- supporting you professionally without making any judgements about you and your situation
- signposting you to other professionals who can help with individual problems in a personal and confidential way

Making A Positive Contribution To The Wider Community

Would you like to:

- contribute to local issues in your community
- attend groups in the wider community
- be a volunteer

We can work with you to:

- signpost you to community activities
- put you in touch with volunteering services

If you would like more information about the Visiting Support Service please either:

☎ 0345 045 0500

✉ visitingsupport@scambs.gov.uk

✉ South Cambridgeshire District Council

South Cambridgeshire Hall
Cambourne Business Park
Cambourne
Cambs
CB23 6EA



Visiting Support Service



A service promoting independent living in the community for South Cambridgeshire District Council residents, aged 65 years and over.

This is a short term support service providing confidential, emotional, financial and practical support.

The service is provided free. Each person is required to participate in a needs and risk assessment which will appraise their eligibility for the service. A priority rating, either high, medium or low is given to each person to assist us with the management and demand for the service.

Access to the service is via a referral, this can either be a self-referral, a referral from other council officers, GP's, family members, community navigators, health, social care or the voluntary sector.

www.scambs.gov.uk

Economic Well-being

We offer advice and support for managing:

- Debt
- Understanding, claiming and managing your welfare benefit entitlements
- Application forms
- Budgeting
- Helping set up and maintaining your tenancy
- Setting up easy to manage Payment Plans



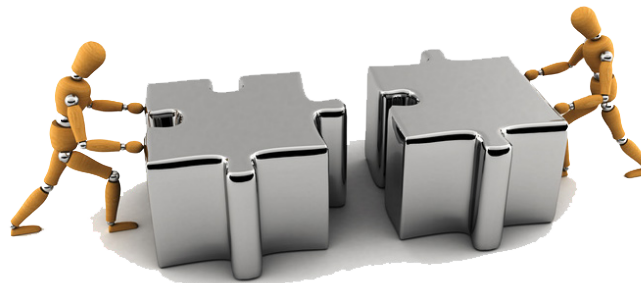
Health

Are health issues affecting your independence?

The Visiting Support Service can assist you in getting the help that you need to remain independent within your own home.

We will work with you to find a solution to:

- Personal care
- Cooking, laundry, shopping and gardening
- Memory problems
- Anxiety and depression
- Help with medication
- Accessing health professionals
- Accessing specialist equipment to make your life easier



Enjoy And Achieve

Would you like to:

- Feel less lonely and isolated
- Be more active
- Socialise with other people
- Get out and about more

We can work with you to:

- Find a local Day Centre for you to attend
- Find local groups and Social Clubs for you to join
- Help you find ways in which to learn a new skill
- Help you find somewhere for a cup of tea and a chat
- Find you a local chair based exercise group
- Help you to participate in swimming, walking or joining other activities