# **Fen Drayton Route 5Km**



321 Running and Walking Routes

## Start/Finish:

- 1 From the car park, walk down the track towards the busway. The Start marker attached to post near bus stop. The first part of the route runs along the right hand side of the busway on the gravel path.
- Turn right, away from the busway and follow the footpath beside the lake. There is plenty of wildlife to spot here!
- Turn right at the river. This stretch of the route follows the river and may be overgrown, but follow the path and admire any passing boats. You may even be lucky enough to see a Kingfisher.
- 4 At this point it's possible to take a shortcut back to the car park if you're tired!
- 5 Another footpath past the smaller lakes. There are occasionally cows grazing here, so watch where you are stepping. Dogs should be on leads.
- 6 Through the gates and onto the final stretch.
  Plenty of bird life to spot here on the lake. You'll
  spot the 5k marker here and you're done carry
  on jogging until you reach the road for a cooldown.

#### Terrain:

Mixed terrain, including kissing gates. Variable path widths, variable surfaces - may be muddy. On footpaths shared with the public and dog walkers, some close to river and on bridlepaths.

There may be grazing cows on the route. Some paths are very narrow, so not suitable for buggies or wheelchair users. Flat route, lots to see, great for beginners, obvious shortcuts if needed!

Free parking (and cycle racks) available at main Fen Drayton Lakes RSPB reserve car park, from here walk back towards the busway for the start point, which is on the right hand side attached to the (St Ives to Cambridge side) bus stop fence.

The route does flood during the winter/early spring, please check the RSPB website to see if the site is flooded.

Postcode: CB24 4QP

Course provider: RSPB/Strongman Fitness

Last Updated: May 2015

## Amenities:

Parking • Accessible Parking

Toilets

Signposted

# Surface/Terrain:

- Road
- Dirt
- Grass

- Woodland
- Compact Surface
- Loose Surface

Profile: Flat









