



South
Cambridgeshire
District Council

Minutes of the TPG meeting at Denson Close, Waterbeach on 1st April 2019

Attendee's (Tenants/Leaseholders)

Name	Address	
Wendy Head (WH (Chair)	Balsham	TPG
Angela Lewell (AL (Secretary)	Impington	TPG
Patti Hall (PH (Vice Chair)	Cottenham	TPG
Edna Ingrey (EI)	Gt Wilbraham	TPG
Glynis Goff (GG)	Waterbeach	TPG
Joan Ball (JB)	Histon	TPG
Les Rolfe (LR)	Bourn	TPG
Jim Watson (JW)	Willingham	TPG
Helen Ballantyne (HB)	Dry Drayton	TPG
Adrian Prentis (AP)	Cottenham	TPG
Carol Akrobi (CA)	Impington	TPG
Dave Hammond (DH)	GT Abington	TPG
Nancy Chisholm (NC)	Gamlingay	TPG
Bob Petch (BP)	Gamlingay	TPG
Val Hickey VH)	Waterbeach	TPG
Paul Bowman (PB)	Willingham	TPG
Howard Pheasant (HPh)	Cottenham	TPG
Keith Nash (KN)	Willingham	Observer

Attendees (South Cambridgeshire District Council Representatives)

Name	Position in Council
Peter Moston (PM)	Resident Involvement Team Leader
Helen Pagram (HP)	Resident Involvement Officer
Lesley McFarlane (LM)	Development Officer

No	Topic	Actions
1.	<p>Apologies - Betty Murphy - Mears</p> <p>Please Ring Wendy on 01223 894394 or email: wendymhead@yahoo.co.uk if you are unable to attend the next meeting</p>	All
2.	<p>Minutes of the previous meeting</p> <p>The minutes of the previous meeting were taken as read, agreed as a true record, and signed by the chair.</p>	

3.	<p>Matters arising BP said 4, paragraph 5 £9,000 paid for everyone balloted.</p> <p>4 paragraph 4 should say financially (not finically).</p>	
4.	<p>Mears Apologies sent . Should have sent HP an e-mail re- KPI's but had not been received by 5pm. Will get for next month's meeting.</p>	
5.	<p>Lesley McFarlane - Development Officer LM said she had met WH at a communal room consultation and been invited to come to a TPG meeting. LH said I am the Development Officer for South Cambs focusing on health. Will tell you about what I do and what we should be focusing on.</p> <p>I am on boards and groups regarding health issues, especially for the elderly. There's been a sharp inflation of over 65's and housing growth. Would like to know what you think about kind of housing for older people, what about a care village or integrating with everybody.</p> <p>I'm part of the community development section but also work with planning and housing. Policies on health go through me. Universal credit has an impact on people, how does it affect people without a computer? I highlighted this to those concerned. When planning have more than 20 houses, there needs to be a development impact done. This comes from government and air quality standards have to be met. Say there is a plant nearby, developer's are asked to look at the health of people and the impact of the plant on how it affects the elderly more. Today I have been to a housing meeting with the University of Cambridge on how people can sustain their tenancy and mental health people where needs have to be in place to protect them.</p> <p>I sit on several board's including Ageing Well Strategy board, which deals with falls, loneliness and poor homes. Also on a Stay Well group which helps keeping people warm in winter, installation and fuel bills (drafts letter's if needed). Isolation and loneliness, do you have access to transport, can you get to the doctors and who looks after you.</p> <p>The biggest cause of death is cancer, then cardiovascular and thirdly COPD (emphysema). Biggest admittance to hospital is falls. Need to help people stay stronger, deal with mental health, alzheimers and dementia .</p> <p>Suicide in the over 80's is due to loneliness and quality of life. (Last year was the most but seems to have stabilized. Since August there hasn't been any). Isolation and loneliness are the main causes and we need to do a mapping exercise to find out where these people are. Find out if they want to exchange homes or are happy being alone. Get the communities to help us.</p> <p>There will be a huge explosion of over 65's, in the next 15 years by 50% and by the 90's 150%. People are living longer but not healthier. (on average man lives to 82.7 years and women to 85.6 years). People live 4 years longer here than most deprived</p>	

cities. Across the UK the average age for man is 79, they are healthy up to 52, from then on ill health and poor quality of life. need to help people live longer, have a cracking go at life. Better living by 2025. Have a wider determine of health. A house that is dry and clean with friendly neighbours, makes a much happier life, than one that is dingy, has no garden and noisy neighbours. it would be great if everyone lived in a nice house and had a great job so could work locally. This improves mental well being. In 2004, for 1 person retired, 3 were working. by 2050 it will be 2 to 1.

Housing growth is happening with new developments like Northstowe (10,000 homes) Bourn (3,500 homes) and Waterbeach (11,000 homes). This will mean a lot of congestion on the roads. Need to make sure people can get a doctor and make housing affordable, like part sharing for an example. The upside is that 8,000 homes in the next 20 years will be affordable (this means 80% of market value).

Sheffled University are gauging how much housing we need for older people. There are many options. Need to talk to those in big homes on their own, help them move if that's what they want.

Local plan just been adapted but already starting on a new one, where maybe a care village could be included.

LM asked 'What are your thoughts?' JB asked 'What is a care village?' LM replied 'it's a designated village in a town, with all the resources there so you don't need to leave. It would have dementia friendly standards. How big it would be, don't know at this point. LR said 'Is it a good idea?' JB said 'leave it as it is now but with more help and more trained carers'. LM said 'would give an increased feeling of safety. JB replied that Mum and dad are alright and need to be in the community. CA asked what provisions for health would there be. LM said there are big changes in NHS, older people decline in hospital and then don't want to go home. Would need more help/care in the community so don't need to go to hospital and can stay in their own homes. GP practises would have a lot of work to do to stop people going to hospital. Some practises are joining up, like Sawston with Linton and the Shelfords. Joining services, they can look after each other and have special roles. NHS wants to make things more efficient. Digital appointments are coming.

BP asked if Sheltered Housing could be recharged. PM replied it's not just South Cambs changing Sheltered Housing, most have gone away because in 2003 funds were withdrawn. My own father who is 93 has a warden service which is funded by Girton town charity and Age UK. He gets a phone call every day and a visit, once or twice a week. This helps him stay independant. JB said when I was a warden and lived on site, the resident's there felt secure. Worked 8 hours but on call for 24 hours. there was someone there 24/7. WH said now if you have an alarm system get a visit once a month, if not only get a visit every 3 months to check fire alarm. EI said I am 90 and live alone. My brother rings me every day and my daughter at night. I'm not lonely, go out and do things. LM said there are different levels of confidence, affordable housing means nothing. PM said social net working could be consider. LM

	<p>said 'Is this something we can do? JB said have own right, some will, some won't. ' Service charge gone up, but not getting a service and have to pay for communal room as well, also washing machine. PH said it would cost an arm and a leg to move into these homes. (Special village). £1,000 a month,£250,000 to move in, all living together.</p> <p>VH said loneliness, in Japan they meet on the green. Salvation Army did a mid-week club, only 6 turned up. Someone will pick them up, it's culture. WH replied you have got to want to do it, don't always want to go to a coffee morning. Some keep to themselves and some still work. LM said the welcome pack will be a good thing. BP said our sheltered officer is on site every Thursday. Sometimes in the communal room or checking alarms. Nobody goes to see her but moan that she is never there. WH confirmed that no-one goes. LM said this is what we need to focus on. KN said he goes to a garden club, some just for a chat. If something is wrong then let people know. Also Mears cut everything on site and left it in a mess. WH said there is not enough money for them to pick up the grass. PM added welfare garden's get very basic 4/5 cuts a year. Unfortunately just to keep a lid on things, no funding for it. There are 12 main cuts a year, but this can vary depending on the weather. Rough area's are done 4 times a year and 1 Hedge cut. KN replied that this causes them stress. LM said is there a time bank in Willingham (no there is not), so something could be set up, grass cutting, litter picking etc.PH said it is done in Cottenham and WH said also in Balsham.</p> <p>LM said I have some leaflets and brochure. They cover GP's longer hours, A one stop shop to access the community sector, South Cambs Transport Directory and Stay Warm and Well. HPh said our generation, some don't use a computer/laptop but you are transferring a lot on line. LM replied you need an appetite for it. Year 11/13 at schools, get them to communal rooms to help people access this.</p>	
<p>6.</p>	<p>AOB</p> <p>BP said he and several others had received a letter from the water authority regarding insurance, insurance they don't need. PM said this is not anything to do with South Cambs, however he would do a one off letter regarding this.</p> <p>VH asked why were Mears are not turning up. WH said it was being looked into, had let her know at 3-30pm that they were not coming, but need to understand they attend voluntary and they come in their own time.</p> <p>CA gave her apology for the next meeting.</p> <p>JW said re grass cutting, SP landscapes have 9 cuts to end of year, 4 rough cuts, hedge cut in November and 2 weed treatments. WH said they will be coming to the next meeting. JW said if any problems with grass cutting let him or Wendy know. AP said you went to SP landscapes meeting last Friday, what about feedback. WH said I have mine ready for later.</p>	<p>PM</p>

