

SouthCambs

Magazine

www.scambs.gov.uk

Autumn 2018

Family fun day picture gallery - See page 12

Spotlight on plastic recycling - See page 26

Important benefits changes - See page 35

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WIN
A Champagne
welcome at the
ADC Theatre
See page 46



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Welcome to the autumn edition of *South Cambs Magazine*

It was wonderful to spend the day at Milton Country Park at the start of July for Parklife, our free family fun day. It was a sweltering day but I know all the families who came went away inspired to try a new sport or be a little more active. See if you can spot yourself in our photo gallery on pages 12 and 13.

Talking of being active, there are a host of activities, from walking netball to New Age Kurling, put on across the district as part of the Let's Get Moving Cambridgeshire programme. There's bound to be one near you so head to pages 16 and 17 to find out more.

I know from speaking to residents that recycling, particularly plastic, remains a very important issue. Flick to pages 26 and 27 to find out how you can not only recycle more plastic, but also increase the quality of what you're recycling. If you can 'wash and squash' it helps you get more in your blue bin, and means there's a higher quality product for us to recycle.

Finally, a big change to the national benefits system is currently taking place, with the introduction of Universal Credit. In our area this goes live on 17 October. Please make sure you are ready - we have more information on page 35.

Cllr Bridget Smith

Leader
South Cambridgeshire District Council



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South Cambs Magazine

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We're proud of what we are trying to achieve and recognise we can always do better. To help improve our services, we need your feedback. Whether it's a compliment, a general comment or a complaint, we want to hear from you.

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Renewed commitment to well-planned growth

For the last few months, communities will have been pleased to note that we have been taking a tougher line on speculative and unplanned development in villages.

This is because, at the end of May, we published an updated assessment saying that we believed we could meet Government requirements for the provision of new housing land.

We must be able to clearly identify land that is suitable for new housing development for at least the next five years. Councils who can demonstrate land that is readily available for the next five years, known as a five-year housing land supply, are in a much stronger position to refuse new homes in locations not in their plans for developing an area.

Cllr Aidan Van de Weyer, Deputy Leader (pictured), said: “Not having a five-year housing land supply in place has been a huge frustration for local communities in recent years. We are aware that some villages have seen a number of unplanned developments given planning permission as decisions have been tilted towards delivery of more housing.

“As soon as we could demonstrate the land supply was in place we were able to begin to assess applications against all our local policies as well as those set nationally.”

National policies give weight to ensuring enough homes are being built locally and cover details such as protecting the Green Belt as well as making sure homes are not planned for areas known to flood.

The Local Plan policies include a clear plan for where homes should be built, including a boundary or ‘framework’ drawn closely around each village which development can generally only take place within.



Local Plan

Our Local Plan, alongside Cambridge City Council’s Plan, was submitted to Government for examination in March 2014. These Local Plans set out the development strategy for the Greater Cambridge area to 2031 and include proposals for 44,000 new jobs and 33,500 new homes.

Hearings have been held over the last three years, enabling Inspectors to hear from councils, developers, residents and other interested people and groups on a range of issues relating to the soundness of each Plan.

At the time of going to print both Councils were expecting to hear from the Inspectors imminently with their final reports. Keep an eye on our website for the latest announcements.

- For more information on the five-year housing land supply, visit: www.scambs.gov.uk/planning/local-plan-and-neighbourhood-planning/annual-monitoring-report/
- For the latest on the Local Plan, visit: www.scambs.gov.uk/planning/local-plan-and-neighbourhood-planning/news-and-updates/



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New community facility opens

A new community centre for residents on the edge of Cambridge has opened. The Storey's Field Centre is at Eddington, and had its official opening on 20 July.

The building has won an award from the Royal Institute for British Architects. It is shortlisted for the 2018 Stirling Prize which recognises the best building in the UK, and is a new landmark community building which forms part of phase one of Eddington. The centre is an important social element of the emerging community. It contains a variety of performance and activity spaces which will be a new hub for residents in the north west of the City, Girton and the surrounding areas.

Next to the new community square and close to Sainsbury's supermarket, the centre has three main rooms. The stunning 180-seat triple height main hall features the latest in audio technology, theatre lighting and a sprung floor. It has already hosted a variety of musical performances and events. Two additional rooms, for 50 and 20 people, are also available for community use. A new nursery occupies the remainder of the building. In keeping with the green credentials of the wider North West Cambridge Development, the building is naturally ventilated. This means that mechanical air conditioning is not needed, reducing carbon emissions. It is an elegant landmark off Eddington Avenue, open to both new residents and existing communities alike.

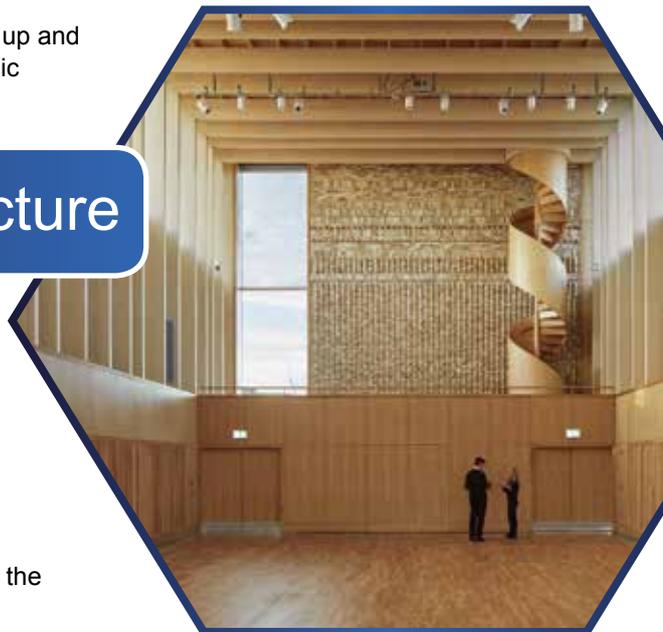
It is not just about the building though. A programme of events is already up and running, including weekly Yoga and Jazzercise sessions and a range of music performances. Full details can be found at www.storeysfieldcentre.org.uk

Remarkable architecture

Member for Girton, Cllr Douglas de Lacey, has seen the development progress and said: "I had a chance to admire the remarkable architecture of the centre before its opening. Everything is unusual, from the linenfold brick patterns to the outstanding green design. Everything combines to make this a valuable addition to the public halls available to residents for events from large-scale concerts to small parties. I very much look forward to seeing it in use."

Cllr Tom Bygott, fellow member for Girton ward, said: "This new building will no doubt be a fantastic facility for Girton residents to use. It incorporates the latest technology and is a very green building. It's great to have a new state-of-the-art community space for local people to enjoy and benefit from."

Community Development Officers Lisa Pollitt and Vicky Haywood are working with local people and groups to help establish a true community in Eddington, and kick-starting events. If you have an idea for an event or programme which brings together new and existing communities in and around the development, please get in touch by emailing eddington@cambridge.gov.uk



For more information visit www.scambs.gov.uk/active email AandH4L@scambs.gov.uk or call 01954 713070

Simon says: Exercise is the best medicine

A woman from Trumpington is backing our subsidised exercise referral programme, after feeling the benefits of attending the scheme for two months.

Sara Hannan visits Melbourn Sports Centre twice a week after her physiotherapist referred her to our Active and Healthy 4 Life programme.

The scheme is specifically for residents with medical conditions. It runs in eight sports centres across the district and is a 12-week personalised fitness programme drawn up and supervised by qualified instructors.

Simon Davies, Assistant Gym Manager at Melbourn Sports Centre, is Sara's instructor. He has been a gym instructor for 20 years. He said: "I try to create flexible programmes so all my patients can have the confidence to use the gym without barriers. Some of my patients have difficulty with high-impact equipment so I move them into the swimming pool where this impact is mitigated. This really helps people of all ages too."

Simon treats patients with a variety of conditions including heart and stroke recovery, mental wellbeing and people needing physical rehabilitation.

Sara said: "After an initial assessment with Simon to gauge my fitness levels, I am delighted with the progress I am making towards my general tone as well as my mental wellbeing."



Exercise Referral Scheme



■ Gym Instructor Simon Davies and Sara Hannan from Tumpington

October half term camps

Athletics

Wednesday 24 October 2018, 10am to 3:30pm
Wilberforce Road Athletics Track,
Cambridge, CB3 0EQ

Netball

Thursday 25 October 2018, 10am to 3:30pm
Impington Village College Sports
Centre, CB24 9LX



Keep the kids active in the school holidays



The cost is £24 per day. If a child attends both days, or two or more siblings attend, the cost is £20 per child per day. To book a place go to www.scambs.gov.uk/sportscamps
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Parklife 2018: Free fun in the sun!

Around 4,000 people flocked to Parklife, our free family fun day on Sunday 1 July at Milton Country Park. There were more than 50 different activities for people to try out, all aiming to inspire residents to lead a more active lifestyle.

On the water there were paddleboarding, canoeing, kayaking and fishing taster sessions. On dry-land, activities included climbing, caving, archery and bush craft skills. With the event taking place as the 2018 World Cup was underway, budding footballers were well catered for too, with Sawston Sports Centre bringing along inflatable zorbs, football darts and their speed game goal.

Our Vice Chairman, Cllr Anna Bradnam, member for Milton and Waterbeach, officially opened the event, and said: "It was a beautiful, sunny day in the open air at the lovely Milton Country Park. It was brilliant to see thousands of people coming along and having a go at new activities. I'm sure many have gone away with a new hobby in mind and determined to be more active."

Parklife is organised by us in partnership with Cambridge Sport Lakes Trust who manage the Country Park. The event is supported by a host of local organisations who help to provide the wide range of activities on offer. We are also thankful to the army of volunteers who helped ensure everything ran smoothly on the day.

To find out more about activities we run, visit www.scambs.gov.uk/community/leisure/activities



"What a lovely day we had with our kids. We were there all day and thoroughly entertained"



"Fabulous day out"



“A wonderful activity for the whole family”



“Great event, lovely to have something affordable and well organised”



“Very good range of quality activities for free”



“Fantastic idea to teach children different activities”



“We love it and we are very fortunate. Thanks to you all”

Our thanks to...
Parklife would not be possible without the kind support of these organisations: Cambridge Sport Lakes Trust, Sawston Sports Centre, Wildly Curious, CrossFit Stags and Does, Tesco and Realife

Young athletes go for gold

130 young people and a host of volunteers took part in our annual Athletics Plus event back in June. Wilberforce Road Athletics Track was again the venue for the event, which makes athletics accessible for students with disabilities and learning difficulties.

The starting gun was fired with a lively warm-up led by our 22 volunteers from Cambourne Village College. As is tradition with this event, all activities were adapted to suit the young people who attended, which meant 100% participation was guaranteed.

It was a typical English summer day of mild temperatures and low hanging cloud, with bursts of drizzle throughout the morning. This did little to dampen the spirits of our aspiring young Paralympians who tackled sporting activities with vigour and determination.

Students from Impington, Castle Camps, Highfield, Gretton, Cambourne, Ernulf, Granta, Jack Hunt and St George's all participated. The students have varying disabilities from learning difficulties, visual and hearing impairments to physical disabilities, and all spent the day demonstrating the values that underpin the Paralympic Games – determination, inspiration, courage and equality.

The day was a resounding success with teachers and organisers appropriately “chuffed” with how much satisfaction this event brought to their students.

Activities included slalom, 100 metres, 200 metres, long jump, howlers, discus, shot-put and target throw. The day ended with a fun relay race which led into an awards ceremony. The event forms part of the Cambridgeshire-wide Ability Plus programme that promotes sports and active recreation for young people with a range of abilities. All events are run by our officers who have a wealth of experience running outdoor activities and all have the necessary safeguarding accreditations.

Our Cabinet Member for Customer Service and Business Improvement, Cllr Philippa Hart (pictured), said: “This event is one of very few opportunities for people with disabilities and learning difficulties to take part in sport together, have fun and make new friends. A special mention to the 22 young leaders, between 13 and 15 years-old, from Cambourne Village College who volunteered at the event. Their support was vital to making it so successful.”



Photos courtesy of Cambridge Independent



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Get active this autumn!

As part of the Let's Get Moving Cambridgeshire programme, we have plenty of activities taking place in South Cambridgeshire to help you become more active, whatever your age or ability.

Let's Get Moving Cambridgeshire

Your Physical Activity Co-ordinator is Ellen Bridges

MONDAY

Walking Netball
Histon Recreation Ground Hard Courts, CB24 9LU, 10:30am to 11:30am

T'ai Chi
Great Shelford Sports Pavilion, CB22 5LZ, 1pm to 2pm

New Age Curling
Sawston Medical Practice, CB22 3HU, 10:30am to 11:30am

Exercise class for stroke survivors and other long-term health conditions such as Parkinsons and MS, The Rec Centre, Histon and Impington Recreation Ground, CB24 9LU, 11:30am to 1pm

New Age Curling
Fowlmere Village Hall, SG8 7RY, 2pm to 3pm

What is walking netball?

Walking netball is a slower version of the game. It is played at walking pace with no jumping. Players can hold the ball for four seconds instead of three and they can take an extra step

TUESDAY

Walking Netball, Sawston Sports Centre, CB22 3PB, 6pm to 7pm

Strength and Balance Exercise Class, All Saints Community Hall, Melbourn, SG8 6DY 12 noon to 1pm

Cambourne Buggy Walk from The Blue School, CB23 6DZ at 1:45pm

Kurling

Walking Netball

For more information on all activities, visit www.scambs.gov.uk

WEDNESDAY

Buggy Bootcamp, Crow Hill Lane Green, Great Cambourne, CB23 5AW, 10am to 11am

Strength & Balance Exercise Class, St Mary's Church Hall, Over, CB24 5NH, 10am to 11am

THURSDAY

Adult-friendly Netball League, Milton Community Centre Outdoor Courts, CB24 6BL, 7pm to 9pm

FRIDAY

Strength & Balance Exercise Class, Bar Hill Church Hall, CB23 8EH, 10am to 11am & 11:15am to 12:15pm

New Age Kurling, Papworth Village Hall, CB23 3RD 10:30am to 12 noon

SATURDAY

Parktennis Waterbeach Recreation Ground, CB25 9NJ, 10am to 11am

Take a walk around the local park to get some nice fresh air

SUNDAY

Manual Wheelchair Football 4pm to 5pm
Powerchair Football 5pm to 6pm
Impington Sports Centre, CB24 9LX

"The social element makes going for a walk much more appealing and allows parents to meet new people".

Please contact Ellen Bridges via ellen.bridges@scambs.gov.uk or 01954 713294 before attending any activity



www.scambs.gov.uk/lets-get-moving-activities

Shoot back into netball

Netball is one of a range of activities we're helping people get back into. Lots of women tell us (although we'd love more men to play too!) that they played at school but got out of the habit.

Does this sound like you?

Weekdays are best for me

I love to smile and laugh

I'm not fit enough

Or...

I like socialising with people

I kept getting injured when I played so had to stop

I feel too old to play



Social netball

Lots of these groups have been started by ladies wishing to play in a less competitive environment and still want to run and jump around. We can put you in touch with your local group to join in.

Walking netball

If you thought your playing days were over, think again! We have set up a group in Sawston who meet on a Tuesday evening from 6-7pm. This session also appeals to people with less experience of netball due to the slower pace. There is also a walking netball group that meets in Histon on a Monday morning. See page 16 for details. Finally, there is a taster event on Saturday 22 September in Swavesey. Contact us for details.



To find out more contact Helen Stepney on helen.stepney@scambs.gov.uk or call 01954 713070. We will also help you set up a group in your local area.

To see the wide range of activities you can get involved in, visit www.scambs.gov.uk/community/leisure

Save money with a Renewable Heating System from ELLIOTTS

What is the domestic Renewable Heat Incentive (dRHI)?

The domestic Renewable Heat Incentive (dRHI) is a government financial incentive, designed to encourage people to make the switch to renewable heating systems in their homes.

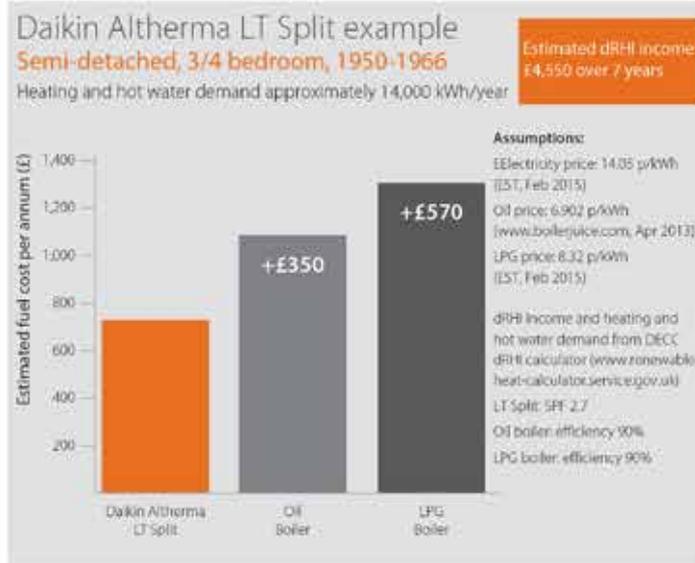
The dRHI offers quarterly payments over seven years, based on a set of tariffs and according to the type of system installed, which help to offset the cost of installing renewable heating systems.

For example, by installing an air-to-water heat pump a householder or landlord of a semi-detached three or four-bedroom house can receive an estimated £4,550 in dRHI payments over the seven year period and save more than £570 a year when compared to LPG boilers.

Also qualifying for the Government incentive, hybrid heat pump systems allow householders and landlords to claim as much as 65% of its energy output in dRHI payments. Furthermore, hybrid systems have a longer life expectancy than traditional boiler-only systems, expend 28% less primary energy, produce 28% less carbon and cost 17% less to run.

RHI tariffs

The tariff levels are 7.51 p/kWh for air-to-water heat pumps and 19.74 p/kWh for solar thermal. The tariffs have been set at a level that reflects the expected cost of renewable heat generation over 20 years, and the recent Government consultation may increase the AWHP tariff up to 10p/kWh. Future tariffs will also be adjusted in line with the Consumer Price Index (CPI) on 1 April each year.



Estimating RHI payments

Payments are usually based on the heating system's estimated annual heat output and made on the portion of renewable energy generated.

For heat pumps, this figure is taken from your Energy Performance Certificate (EPC), although its design efficiency (seasonal performance factor) is also used to calculate payments.

For solar thermal, the figure is taken from the Microgeneration Certification Scheme (MCS) certificate, which is based on a calculation by your MCS installer. For some households, metering may be required and the payments will be based on regular meter readings.

Estimate your domestic RHI income online

Daikin UK has an online RHI Estimator Tool, which you or your installer can use to project the potential income you could receive from the domestic RHI. Please visit www.daikin.co.uk/rhi/rhi-estimator-tool for details.

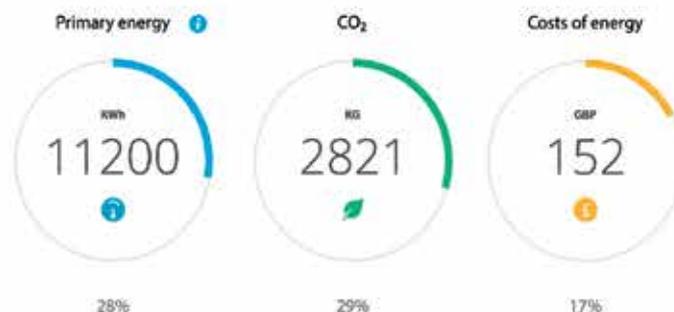
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All savings referenced are relevant to the example property modeled with an annual heat demand of 22500 kWh. Lower demands will change the potential savings and expert guidance should be sought to understand your project and the possible savings.

Your annual savings



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Waste less!

Recycling is good, but it's always best to avoid having things you need to put in a bin at all. Also, plastic is a material which reduces in quality each time it's recycled, so it can't be recycled repeatedly like metals or glass can. With Zero Waste Week returning from 3 to 7 September, here are some tips on reducing plastic waste, saving money and helping the environment.



Take your shopping bags with you. Keep some in your car, handbag or rucksack. In some shops you can also ask for a cardboard box to take your shopping home (You can then pop this back in your car boot to use next time!).



Get a re-usable cup. You can save money as some coffee shops offer discounts if you have your own cup. There are all sorts available including collapsible ones you can pop in a handbag or rucksack.



Ask for no straw when you order drinks. If you like to use a straw you can get a reusable metal or bamboo one to carry with you.

Pack a home-made lunch. You can cook more and freeze portions to use on busy days of the week. Take your own cutlery with you when on the go.



Buy your fruit and veg loose. Or use your own mesh bags or containers.



Use real (washable) nappies. Go to www.goreal.org.uk for information about the variety of designs meeting the needs of little ones.



How we're cutting waste

Back in July, our members unanimously agreed to become a leader in the reduction of single-use plastic waste. We pledged to investigate ways in which we can significantly reduce the sale, provision and use of avoidable single-use plastic, and influence our neighbours to do the same. Some recommendations to help us achieve this will be put before our Cabinet by the end of the year.

Cllr Pippa Heylings (pictured), Chair of our Climate Change and Environment Committee, said: "We've all seen the pictures that show the devastation caused by the millions of tonnes of plastic waste which ends up in our oceans every year. It's heart-breaking. But we can change this, and we've started a journey to do so. We need to lead by example by cutting down our own waste as much as possible, and intend to do just that."

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Bin collection dates

Remember:

We move to monthly winter green bin collections from 24 December, returning to fortnightly on 4 March 2019.

 Green bin  Black bin  Blue bin

Monday A - Balsham, Carlton, Cherry Hinton, Fulbourn, Great Wilbraham, Horseheath, Little Wilbraham, Six Mile Bottom, Stow-cum-Quy, Teversham, West Wickham, West Wrating, Weston Colville

September	October	November	December
10  17  24	1  8  15  22  29  29	5  12  19  26  26	3  10  10

Monday B - Babraham, Bartlow, Castle Camps, Great Abington, Hildersham, Linton, Little Abington, Pampisford, Sawston, Shudy Camps, Whittlesford

September	October	November	December
10  17  24  24	1  8  15  22  22 29  29	5  12  19  26  26	3  10  10

Tuesday A - Duxford, Fowlmere, Great Chishill, Great Shelford, Harston, Hauxton, Heydon, Hinxton, Ickleton, Little Chishill, Little Shelford, Newton, Stapleford, South Trimpington, Thriplow & Heathfield

September	October	November	December
11  18  18 25	2  9  16  23  30  30  30	6  13  20  27  27	4  11  11

Tuesday B - Barrington, Chesterton Fen, Foxton, Melbourn, Meldreth, Shepreth

September	October	November	December
11  18  25  25	2  9  16  23  30	6  13  20  27  27	4  11  11

Wednesday A - Abington Pigotts, Barton, Bassingbourn, Grantchester, Guilden Morden, Harlton, Haslingfield, Litlington, Orwell, Shingay-Cum-Wendy, Steeple Morden, Whaddon, Wimpole

September	October	November	December
12  19  19 26  26	3  10  17  24  31  31	7  14  21  28  28	5  12  12

Wednesday B - Arrington, Caldecote, Comberton, Coton, Croydon, Gamlingay, Great Eversden, Hardwick, Hatley, Kingston, Little Eversden, Little Gransden, Longstowe, Madingley, Tadlow, Toft

September	October	November	December
12  19  26  26	3  10  17  24  31	7  14  21  28  28	5  12  12

Thursday A - Bourn, Boxworth, Cambourne, Caxton, Childerley, Conington, Croxton, Elsworth, Eltisley, Graveley, Knapwell, Papworth Everard, Papworth St Agnes

September	October	November	December
13  20  20 27  27	4  11  18  25  25	1  8  15  22  29  29  29	6  13  13

Thursday B - Bar Hill, Dry Drayton, Fen Drayton, Girton, Lolworth, Longstanton, Northstowe, Oakington, Over, Swavesey, Westwick

September	October	November	December
13  20  27  27	4  11  18  25  25	1  8  15  22  29  29	6  13  13

Friday A - Cottenham, Histon, Impington, Landbeach, Orchard Park, Rampton, Willingham

September	October	November	December
14  21  21 28  28	5  12  19  26  26	2  9  16  23  30  30	7  14  14

Friday B - Chittering, Fen Ditton, Horningsea, Milton, Waterbeach

September	October	November	December
14  21  28  28	5  12  19  26  26	2  9  16  23  30  30	7  14  14

- Bins must be out by 6am on your collection day
- If your bin is not collected, please report it by 3.30pm the following day, at www.scams.gov.uk/recycling
- Close lids firmly

What goes where?



Blue bin

- Get an extra blue bin for FREE! Contact us using the details below. Occasional extra recycling (excluding glass) will be collected if left alongside your blue bin in a transparent sack.
- Put items loosely in your blue bin and not in bags
- Rinse and empty items to remove any food or liquid
- Squash cartons and plastic bottles, flatten boxes



Paper, magazines & envelopes



Cardboard



Cartons (e.g. Tetrapack)



Plastic bags, film wrapping



Food & drinks cans



Empty aerosols



Greeting cards



Wrapping paper (no metallic plastic)



Plastic bottles, pots, tubs & trays



Tinfoil & foil trays



Large tins



Glass jars & bottles

Batteries



Batteries inc. AA & AAA cells, button batteries, size C & D and any laptop & mobile battery

Put in a clear plastic bag and tie it to your blue bin lid

- ✗ Food
- ✗ Liquids
- ✗ Nappies
- ✗ Expanded polystyrene or Styrofoam
- ✗ Non-packaging plastic e.g. toys, bowls
- ✗ Flat glass or mirrors
- ✗ Pyrex
- ✗ Textiles
- ✗ Kitchen paper & tissues (put in green bin)
- ✗ Dirty packaging



Green bin

- Extra garden waste cannot be collected. Please compost it or take it to Milton or Thriplow Recycling Centres
- Please line your caddy with a paper bag, newspaper or place items in your caddy loose

Kitchen caddy and paper liners



Garden waste



Food waste (meat, fish & dairy)



Untreated wood and sawdust



Used paper tissues & kitchen paper

Available from our Cambourne offices - use them in the kitchen and empty into the green bin when full. The caddy is free, paper liners cost £3 for 50.

- ✗ Any type of plastic including bags/sacks & biodegradable/compostable 'plastic' food waste bags
- ✗ Cat or dog waste
- ✗ Soil, stones or turf



Black bin

Non-recyclable / non-compostable material

- Please consider donating items and recycling before placing them in your black bin
- We cannot collect extra black bin rubbish. Please take it to Milton or Thriplow Recycling Centres
- Disposable nappies should be put in the black bin
- Empty and full paint tins cannot be collected. Please take them to Milton or Thriplow Recycling Centres

- ✗ Rubble
 - ✗ Bricks
 - ✗ Soil
 - ✗ Very heavy items
 - ✗ Electrical items
- Take the above to a Household Recycling Centre

For more information visit www.scams.gov.uk/bins or call 03450 450 063

South Cambs recycles plastic!



Most people in South Cambridgeshire recycle plastic packaging. In South Cambridgeshire our plastic is mostly sent to UK reprocessors to be made into new products.

The recent Blue Planet II TV documentary showing plastics ending up in the ocean, and regular news coverage of recycling issues, demonstrate that environmental awareness about waste continues to be at an all-time high.

These pages show some common types of plastics, and where you should put them to ensure they're dealt with properly after you've finished with them. The timing for you to make a difference is perfect, with Recycle Week taking place across the country from 24 to 30 September.

Recycle the following items in your blue bin:



Plastic Bottles: Empty, rinse and squash, put trigger spray or lid back on and remove hand soap pumps which need to be put in the black bin.



Cleaning product and hand wash bottles: Empty, rinse and squash, put trigger spray back on. Pump dispensers from hand wash bottles need to go in the black bin.

Meat trays: Take out absorbent layer which needs to go in the black bin. Remove film lid and recycle.



Tubs, pots and punnets: Wash, put lids back on.

Carrier bags, multipack film, bubble wrap and food bags:

Empty, put food in food waste caddy to be turned into compost, re-use carrier bags.



It's important to:

- ✓ Squash, as it will give you more space in your bin and helps us use space in our recycling trucks more efficiently, reducing the number of times we must empty them. Squashing bottles also stops pressurised bottles from exploding when they are crushed into bales after sorting.
- ✓ Empty packaging so there's no food or liquid left in recyclables. Leftover food and drink makes it more difficult and expensive to recycle, and can spoil other materials in your bin too.
- ✓ Place recycling in the blue bin loose, not in bags.

These plastic items are not currently recyclable and need to be placed in the black bin. Putting these items in your blue bin increases the cost of sorting your recycling.



Polystyrene/take-away containers: Currently not recycled



Drink, food and pet food pouches: These are made from layers of plastic and aluminium.



Crisp packets: These are made from layers of plastic and aluminium.



Biodegradable or compostable "plastic" plates, cups and cutlery: These new types of plastic items break down over a longer timeframe than our composting system allows, and also can't be recycled with regular plastics.



Black bags: Use only for black bin rubbish. If you carry recycling to your bin in black bags please empty the contents and re-use the bag.

Black plastic trays: These cannot be identified by the infra-red scanners used for sorting.



Other plastic items:

Take these items to the Household Recycling Centres near Milton or Thriplow. Don't put them in blue bins as they're not suitable for our recycling processes.



Hard plastic items like buckets, washing-up bowls, storage boxes. please remove metal parts.

Electrical items and toys. Recycle with electrical items.



Garden chairs, benches and tables.

For information about other plastic items that are easily replaceable with more environmentally-friendly options go to page 21 and see how to waste less.

Household Recycling Centres: Winter opening hours

Household Recycling Centres near Milton and Thriplow will change to winter opening hours from 1 October to 31 March. Milton will be open from 9am to 4pm and Thriplow from 8am to 4pm. Sites are open seven days a week and only closed from 1pm on Christmas Eve, and closed on Christmas Day, Boxing Day and New Year's Day. For more information, see www.cambridgeshire.gov.uk

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New homes for the over 55s



We are working with bpha, a local housing association, who are developing a purpose-built retirement village in Hauxton. The scheme, known as Mill View, will provide 70 one or two-bedroom apartments for affordable rent and sale, all specifically aimed at people aged over 55 years old.

This scheme not only provides well-equipped and much needed homes, but has a focus on building a new community as well. It will provide facilities to create a real community that supports residents to remain active and independent for as long as possible.

The scheme will provide 25 apartments for affordable rent and 45 for shared equity sale, with shares available

from 50% to 75%.

Cllr Hazel Smith (pictured, below), Cabinet Member for Housing, said: "It's really important we ensure homes, that are affordable for people of all ages to live in, are provided in South Cambridgeshire. This development will create not just homes, but a whole new community."

Jeff Astle, Director of Development and Sales at bpha, added: "Currently in Cambridgeshire, almost 14,000 people aged 55 and over need some form of care. Older people spend between 70% and 90% of their time in their homes, so a warm, secure environment that meets individual requirements is crucial."

Cllr Hazel Smith



The development is due to be completed in mid-2019. If you want to find out more, contact bpha direct on 0330 0535 131 or email info@bpha.org.uk

Keeping families in their own homes

More than 200 families were prevented from becoming homeless last year, thanks to our housing team.

We are urging residents to talk to us as early as possible when they experience a change in personal circumstances as the sooner you ask for housing support the more options are available to us.



Our Housing Advice and Options Team can help keep a roof over your head

During 2017/18, 208 families in the district were saved from being left with no housing option following intervention work by our Housing Advice and Options team. This was an increase from 126 during the previous year (2016/17).

Cllr Hazel Smith, Cabinet Member for Housing, said: “The prospect of being homeless is one of the scariest things you can face and it is too easy to simply bury your head in the sand and hope it goes away. Our success over the last year demonstrates how we can help people, but the first step is to begin to help yourself by getting in touch. It’s even more important to keep people in their own homes as we cannot put a roof over everyone’s head and must prioritise those in the greatest need.”

How could we help?

- Signpost you to financial help and advice before debts become unmanageable
- Mediate between tenants and their landlord to resolve issues. We also mediate between family members when there has been a breakdown in communication
- Check eligibility for social housing and ensure all relevant benefits are being claimed
- Provide short term financial help toward arrears, assist with a deposit and help guarantee rent that needs to be paid in advance. These will depend on the circumstances

A father from Histon, who wanted to share his story but chose to remain anonymous, said:

“I was in a relationship for ten years but unfortunately it broke down, which meant I was staying at my parent’s house. I was facing the prospect of being homeless because my parents were downsizing, which left me with nowhere to go. It was an awful time, but the support I received from the Council was brilliant. They helped me to secure a property via Ermine Street Housing, the Council’s housing company, when I was finding it impossible to find somewhere in the private rented sector. The Council even put me in touch with a local charity who are helping me out with furniture. I’ve now got my own space, with enough room for the kids to come around.”

Strategy consultation

Over the last five years the number of people coming to us for help as they are concerned they could lose their home has doubled. To make sure we have the right plans in place we are reviewing our strategy and are urging people to have their say.

Visit www.scams.gov.uk/housing/housing-advice/homelessness/ by 9 October to comment.

For housing advice and support contact duty.housing@scams.gov.uk or call 03450 450 051



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More tenants, landlords and staff for housing scheme

Our private sector rental company, established to help residents who need assistance to afford market housing rents, has been boosted by the appointments of three staff.

We set up Shire Homes last year to work with landlords who have a property to rent out. It gives homeowners a hassle-free way to let their property, while allowing us to help residents who need assistance with housing. If you have an empty property to let out, get in touch with Shire Homes to find out how they can help.

Louise Moulding, who has more than 25 years' experience in the housing industry, has taken on the role of Lettings Manager. She previously worked as one of our Housing Officers.

Also joining the team is Atef Sayed, who has experience of working to help maintain tenancies and resolve tenancy problems. Atef will be working with new landlords as they sign-up to be part of Shire Homes.

The final staff addition to Shire Homes is Caroline Dennington, as Administrator, who has vast knowledge of the benefits system.

The team is responsible for the smooth running of Shire Homes, and providing good quality, affordable accommodation to residents in need via our Housing Advice and Options Team. They provide landlords with a 'guaranteed rent' and 'no hassle' approach to private renting. We lease their property for up to three years, and provide a full management service, including all minor repairs, gas services and regular internal inspections.



Jade Patman and her young family were successful in securing accommodation via Shire Homes. They were forced to give up their tenancy in the private sector as they couldn't afford it. Jade said: "We found the costs in private rented sector impossible to meet, so were forced to spend some time in an overcrowded house with other family members. This was stressful and we were faced with the prospect of becoming homeless. We have now moved into a small family home, at a rent we can afford, and are really grateful for the support from the Council."

The owners of the property, Graham and Lynda Ellingham, said: "Shire Homes is a brilliant scheme, and I have had excellent communication throughout the process. Any questions we have had have been dealt with by the team quickly and efficiently."



The overall purpose of Shire Homes is to help us reduce the number of families becoming homeless. It aims to take on seven new properties every three months.

Shire Homes currently has full management responsibility for 16 properties, and their tenants, all with individual landlords. We are always keen to hear from more landlords, and can conduct a free rental survey and give rental advice.



Contact shire.homes@scams.gov.uk or call 01954 713046

Universal Credit

What is it?

Universal Credit is a single monthly payment for people in or out of work. It replaces six benefits: Income-Based Job Seekers Allowance, Income-Related Employment and Support Allowance, Income Support, Tax Credits and Housing Benefit. Universal Credit combines payments into one amount, paid on the same date each month.

When does it start?

It will be rolled out across the majority of South Cambridgeshire on 17 October 2018. However, it is already in operation for households in postcodes starting with CB21 4, CB10 1 and CB10 2.

Will it affect me?

If you currently claim a benefit mentioned above, and your circumstances remain the same, you will stay on the existing benefit for now. If you stop claiming any of the benefits mentioned above, and want to claim again after 17 October, you will likely need to claim Universal Credit. If you claim benefits for the first time after 17 October, you will likely need to claim Universal Credit.



Getting ready for Universal Credit

1

Make sure you have a bank account

To receive Universal Credit you will need a bank or building society account. The account will need to be able to accept electronic payments and set up Direct Debits.

If you are having problems opening an account Rainbow Saver Anglia may be able to help you. For more information visit www.rainbowsaver.co.uk or telephone 01502 584854.



2

Internet access is required

You will need internet access and an email account to claim Universal Credit and manage your account.

If you need help getting online, speak to your local Job Centre Plus or talk to us. Your family and friends may also be able to help you.



3

Draw up a monthly budget

Because Universal Credit is paid monthly; you may need to make changes to the way you budget.

If you would like help with budgeting contact the Cambridge and District Citizens

Advice on caba@cambridgecab.org.uk or call 01223 222660.



4

Paying your rent

You may be used to your Housing Benefit being paid direct to your landlord or rent account by the Council.

Universal Credit will include help with your rent (housing costs). This will be included in your monthly payment.

You will need to make sure you make regular payments to the Council or your landlord, to avoid rent arrears. Check with your landlord to find out how you can make payments to them.



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BOOK ONLINE FROM
JULY 2018

COURSE	DAY	TIMES	AUTUMN	SPRING	SUMMER	WEEKS	COST
Creative Art Workshop	M	19.15-21.15	17-Sep	14-Jan	29-Apr	10	£120
Creative Writing - Beginners	W	19.00-21.00	19-Sep	16-Jan	01-May	10	£110
Dressmaking - All abilities	M	19.00-21.00	17-Sep	14-Jan	29-Apr	10	£115
Exploring Drawing & Painting	Tu	13.00-15.00	18-Sep	15-Jan	30-Apr	10	£115
Flowers for Fun	M	19.30-21.30	17-Sep	14-Jan	29-Apr	10	£115
Fused Glass Jewellery	Tu	19.00-21.00	18-Sep	15-Jan	30-Apr	5	£60
Make An Evening Clutch Bag	Tu	19.15-21.15	18-Sep	26-Feb		4	£48
Pottery - All abilities #	M	19.00-21.00	17-Sep	14-Jan	29-Apr	10*	£145
Pottery - All abilities #	Tu	19.00-21.00	18-Sep	15-Jan	30-Apr	10*	£140
Upholstery for all	Th	10.00-13.00	20-Sep	17-Jan	02-May	10	£170
Watercolours - Beginners	Tu	10.00-12.00	18-Sep	15-Jan	30-Apr	10	£115
Wedding Decorations Accessories	Tu	19.15-21.15		15-Jan	30-Apr	4	£48
MS Office and Google Docs	M	18.30-20.30		14-Jan		6	£54
Understanding your iPad	M	18.30-20.30	17-Sep		29-Apr	6	£54
Authentic Indian Cookery	M	19.00-21.00	17-Sep			4	£48
Curry in A Hurry	M	19.00-21.00		14-Jan		5	£60
French Cuisine	W	19.00-21.00	19-Sep	16-Jan	01-May	8	£88
Low Carb Cooking NEW	M	19.15-21.15	01-Oct			1	£15
Moroccan Tagine NEW	M	19.15-21.15	19-Nov			1	£15
Spanish Tapas NEW	W	19.15-21.15			15-May	1	£15
Thali - Indian Food NEW	M	19.00-21.00			29-Apr	5	£60
Friday Singers	F	09.30-11.15	21-Sep	11-Jan	26-Apr	10	£48
Guitar - Beginners	M	19.15-21.15	17-Sep	14-Jan	29-Apr	10	£110
Astronomy The Grandest Tour	W	19.00-21.00	26-Sep			8	£88
Bollywood Dancing NEW	W	19.00-20.30	19-Sep	16-Jan	01-May	8	£78
Fitness Yoga	Tu	19.55-20.55	18-Sep	15-Jan	30-Apr	10	£70
Flamenco Dancing	M	20.05-21.05	17-Sep	14-Jan	29-Apr	10	£65
Pilates - Improvers	W	19.00-20.00	12-Sep	09-Jan	24-Apr	12	£84
Pilates - Mixed ability	W	20.00-21.00	12-Sep	09-Jan	24-Apr	12	£84
Tai Chi - Beginners	M	20.00-21.00	17-Sep	14-Jan	29-Apr	10	£55
Tai Chi - Improvers	M	18.30-20.00	17-Sep	14-Jan	29-Apr	10	£83
Tap Dance for Fun & Fitness	M	19.00-20.00	17-Sep	14-Jan	29-Apr	10	£65
French Conversation - Adv	W	10.00-12.00	19-Sep	16-Jan	01-May	10*	£125
Italian - Beginners NEW	W	09.30-11.30	19-Sep			10	£110
Italian - Beginners Plus	Tu	18.30-20.00	18-Sep	15-Jan	30-Apr	10	£83
Italian Conversation - Adv	Tu	09.30-11.30	18-Sep	15-Jan	30-Apr	10*	£125
Italian Intermediate with conv	Tu	20.00-21.30	18-Sep	15-Jan	30-Apr	10	£83
Mandarin - Beginners	W	19.15-21.15	19-Sep			10	£110
Spanish Beginners Plus	Tu	19.00-21.00	18-Sep	15-Jan	30-Apr	10	£110
Spanish - Improvers	W	19.00-21.00	19-Sep	16-Jan	01-May	10	£110
Spanish - Pure Beginners	Tu	17.00-19.00	18-Sep			10	£110

materials included * 5 week during the summer term

SATURDAY SCHOOLS/WORKSHOPS

29 September
8 December
19 January
16 March
22 June

- Basic Car Maintenance
- Beautifully Confident With Make-Up
- Bollywood Dancing
- Christmas Cake Decorations
- Christmas Day Flowers
- Creative Writing
- Dream Analysis
- Drums for Beginners
- Fabric Manipulation techniques
- Fabulous Looks With Make-Up
- Family Cooking - Festive Sweets & Treats
- Family Pottery#
- Flamenco: Rumba for Beginners
- Flamenco: Tangos for Beginners
- Flamenco: Fandango for Beginners
- Flamenco: Bulerías for Beginners (Part1)
- Flamenco: Bulerías for Beginners (Part2)
- Fused Glass Jewellery
- Hand Made Chocolates
- Headpieces for Occasions
- Indian Dinner for friends - New Menu
- Indian Fast Food - New Menu
- Indian Stuffed Breads - All new recipes
- Mixed Media Art Workshop
- Pizza! Pizzal Families welcome
- Sugar Flowers
- Traditional Greek Cooking
- Vegetarian Indian Delights - New Menu
- Willow Weaving - Catalan Platter
- Willow Weaving - Christmas Crafts
- Willow Weaving - Frame Basket
- Willow Weaving - Plant Support Wigwam
- Working with Royal Icing

TASTER SESSIONS

Saturday 8 September 2018

Creative Art 10.00-11.00
Mandarin beginners 10.30-11.30
Spanish beginners 10.00-11.00
Tai Chi 10.00-11.00

Cost: £5 refundable upon enrolment for the same course commencing September



Follow us on Twitter

at twitter.com/sawstonadulted

Find us on Facebook

facebook.com/sawstonadulted



Act now to be able to vote in elections

By now all households in our district should have received one of our forms. By completing it you help us keep our information about who is registered to vote at each address up to date.

Every household across the country will be receiving a similar form from their local council, who are required by law to send one out every year. Each household has a legal responsibility to respond to this form with accurate information.

Many people do not know that if you are not registered to vote it is likely to negatively affect your credit score. If you don't respond we will also have to send someone out to your property to get a response. Again, we must do this by law.

If you have any questions and need to speak to a member of our team email elections@scambs.gov.uk or contact 03450 455 214.



Get in the picture for a warmer home

From the blazing heatwaves of summer to frosty white winters, whatever the weather in South Cambridgeshire, having effective and consistent insulation throughout your home ensures cooler summers and warmer winters.

Good insulation reducing heat loss from your home is not only good for the environment, as it reduces your household energy consumption, but it is also good for your wallet too because as consumption drops so does your spending.

Our latest thermal imaging cameras, which are the same size as a smartphone, help you identify normally invisible information about your home such as heat loss.

Mark Irving from Fulbourn said "I learnt a lot about how my house was put together and will consider the information for future building work."

Cllr Aidan Van de Weyer, Cabinet member responsible for Climate and Environment, said: "The cheapest unit of energy is the one you never use and these cameras are a brilliant way of identifying how you can make simple changes to make your home more efficient."

The best visual readings are taken October to mid March. You can borrow a thermal imaging camera, typically for a week, free of charge. Contact us on thermal.imagery@scambs.gov.uk to book one of our cameras.





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Milton Road consultation COMING SOON!

During September and October, the Greater Cambridge Partnership will be consulting on plans for Milton Road in order to improve public transport, cycling and walking journeys.

Proposals will include:

- Priority measures to speed up public transport journeys
- Improved cycle facilities including segregated cycle lanes
- New and improved walking facilities
- Public landscaping and street scene improvements

To have your say on the plans, visit our website when the consultation opens in late September:
www.greatercambridge.org.uk/MiltonRoadConsultation



Important changes for landlords

If you rent out a property classed as a House in Multiple Occupation (HMO) you need to make sure you're aware of changes that come into effect on 1 October this year.

A HMO is a property that is rented to a number of people who are not from the same family. Those tenants share facilities like the bathroom and kitchen. This arrangement is sometimes called a house-share.

The changes from 1 October will mean that it is compulsory for landlords to hold a licence for their property, if:

- It is occupied by five or more people from two or more separate households, or
- It is a purpose-built flat in a block of up to two flats and is lived-in as a HMO by five or more people

The new arrangement is different from the old one because, previously, a HMO would only need to be licenced if it had three or more floors. As this will no longer be the case, we expect a considerable increase in the number of homes in South Cambridgeshire that need a licence.

Cllr Neil Gough (pictured), Cabinet Member responsible for Licensing, said:



“ It's really important landlords act as soon as possible and submit their applications. This will give us the time to process them and make sure the licence is in place before October. It is also important to remember that a licence is needed for each HMO that you rent out. You could get an unlimited fine for renting out an unlicensed HMO so please act now. ”

The licence protects tenants and makes sure:

- The house, its size and facilities are suitable for the number of people living there
- The manager of the house - landlord or agent - is considered 'fit and proper', with no criminal record, or breach of landlord laws or code of practice
- Annual gas safety checks are carried out
- Electrics are checked every five years
- There are well maintained smoke alarms installed

Landlords and managers of HMOs that fall under the new definition will be committing a criminal offence if they fail to apply for a licence by 1 October 2018.

More information

The fee for 2018/19 is £750 for a five-year licence, or £375 for a one-year licence. The licence application form along with further information on HMOs can be found on our website at www.scambs.gov.uk/environment/houses-in-multiple-occupation-hmos/

Further guidance on the licensing reform has been produced by the Government.

Visit the above page on our website to find out more.

Should you have any questions on the mandatory licensing reform, including whether they apply to you, then please email env.health@scambs.gov.uk or call 03450 450 063.



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Here at Emmaus Cambridge we sell pre-loved and upcycled furniture, vintage and retro items, books, bric-a-brac, clothing and electrical goods.

After a busy day of bargain hunting you can relax in our newly renovated Joan's Coffee Shop, where we sell delicious cakes, hot food and coffee. Don't forget our community and coffee shop are dog-friendly, with beautiful gardens perfect for walking your four-legged friends.

How to find us:

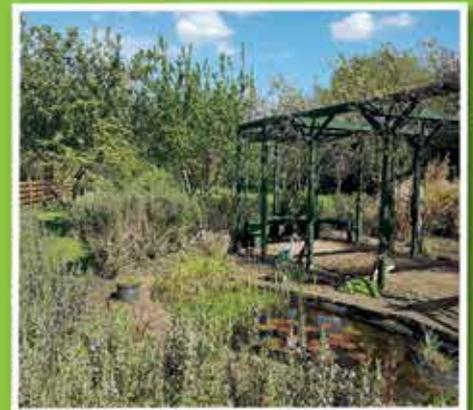
We are located just off the A10 at Green End, Landbeach, Cambridge CB25 9FD

Telephone: 01223 863657

For Donations use extension 225

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Sundays 10am to 4pm



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campaign to see
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rooms are
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New website launches

We've updated our website to make it easier for people to find the information they need.

We still have further improvements planned as we review further sections of the website and functionality to help people pay, report and apply for services 24 hours a day, at a click of a button.

The changes we have made now do mean that the web address to some pages, known as the URLs, have been updated. Anyone with a bookmark to a regular page they visit will need to update it if their page is no longer found.

Cllr Philippa Hart, our Cabinet member responsible for the website, said: "We know that our customers want to be able to carry out tasks at all hours and we must make that as easy as possible. These changes are just the start as we have lots of plans to see a real shift in the way we help customers self-serve online.

"Our website lets customers rate each page and give feedback. Previous information you have given has been used to make these changes and we are urging people to continue to do this. Simply click on feedback section at the bottom of each page."



To find out more about all our services, visit www.scams.gov.uk

Smart ways to speed up your journey



Smart Cambridge is developing innovative ways to provide 'real time' travel information to make journeys easier for our residents and commuters.

A new MotionMap travel app and smart wayfinding screens have recently been launched to help people plan their journeys using public transport.

Over 1,000 people have already downloaded the free mobile phone app, which brings together real-time and local timetable information to more accurately predict travel times and suggest the best routes - using a mix of buses, trains, walking and cycling.

New smart lobby screens can be seen in the reception area at our South Cambs Hall offices in Cambourne, and are being installed in the foyers of public buildings and large employers.

The first digital wayfinding screens have also gone up outside Cambridge train station, providing signposting for visitors, with more screens due to be trialled at the Trumpington Park and Ride site over the summer.

The app and screens are all using real-time travel and static data collated through the data hub developed with the University of Cambridge, and are being trialled with the support of the Greater Cambridge Partnership to provide better travel options.



The MotionMap app can be downloaded for free to all smartphones from your app store.

Users' feedback will help to improve the app and screens. Use the MotionMap app feedback page, or email your comments to smart.cambridge@cambridgeshire.gov.uk

Have your say on Greater Cambridge 'Greenways'

Consultation on a series of new cycling, walking and equestrian routes, linking South Cambridgeshire communities to Cambridge, is underway.

The routes, known as the Greater Cambridge Greenways, will provide up to 12 safe and attractive routes for people to use for leisure and commuting.

Scheme development is funded by the Greater Cambridge Partnership (GCP) to meet its ambition to help create a 'better, greener transport network' for Cambridge and our district as the area continues to grow.

The new routes will encourage more people to ditch the car for the healthier options of walking or cycling to work, school or for leisure.

Progress to date with Greenways:

- Consultation on the Barton and Haslingfield to Cambridge Greenways took place in the summer
- Consultations to begin on routes to Waterbeach, Fulbourn, Comberton and Melbourn in the autumn
 - Consultation on the remaining routes of Sawston, The Swaffhams, Bottisham, Horningsea and links to the St Ives to Cambridge Guided Busway will all be completed by summer 2019

Peter Blake, GCP Transport Director, said: "We'd like to thank everyone who has given their feedback on these routes, and also on the wider Greenways project through the engagement last year. We've had fantastic interest and support for them so far and local knowledge will help us shape the detailed proposals."

Following consultation, detailed designs will be developed for each individual project before further engagement with local residents, final decisions and any construction works.

More information about these community-focused schemes can be found at: www.greatercambridge.org.uk/greenways

Our Deputy Leader, Cllr Aidan Van de Weyer (pictured), has joined the GCP's decision-making Executive Board. He has replaced Francis Burkitt, who stood down at the May elections.

Our representatives on the GCP Joint Assembly are Cllr Ian Sollom (Harston & Comberton), Cllr Eileen Wilson (Cottenham) and Cllr Peter Topping (Whittlesford). For further information about the GCP's role, membership and schemes in your area visit www.greatercambridge.org.uk

Dates for your diary

20 September: Joint Assembly, 2pm at South Cambridgeshire Hall, Cambourne.
 11 October: Executive Board, 4pm at South Cambridgeshire Hall, Cambourne.
 15 November: Joint Assembly, 2pm at South Cambridgeshire Hall, Cambourne.
 6 December: Executive Board, 4pm at The Guildhall, Cambridge.

All meetings are public. Please note the deadline for public questions is 10am three days before the meeting. Please send Assembly or Board questions to: democratic.services@scambs.gov.uk



What's on

Welcome to the section of your South Cambs Magazine dedicated to upcoming local events taking place in our area. It's filled with suggestions to keep you busy, learn more about where we live, or keep fit, all sent in by the community. If you are planning a not-for-profit local community event that you want to see on this page in our next edition, visit www.scambs.gov.uk and click on the apply for it button. Just fill in the form called community calendar listing.

The more information you can provide, the more likely your event will be listed. We will consider events taking place between 10 December 2018 to 15 February 2019 for inclusion in the next edition. We cannot guarantee we will be able to feature all events and it will be at our discretion.

Events calendar autumn 2018

Saturday 15 September

Gamlingay Show

1pm to 5pm



Gamlingay First School, Green End, Gamlingay, SG19 3LE

The Gamlingay Village Show is all about raising money for local good causes. There will be a classic car show, football competition, magician, dog show, fun fair, fully-licensed bar, ice cream, delicious refreshments, a BBQ and more. See <https://thegamlingayshow.co.uk> or contact gamlingayshow@hotmail.com

Sunday 16 September

Shelford Fun Run

From 11am



Great Shelford Recreation Ground,
Woollards Lane, CB22 5LZ

Enjoy a 5km run around the closed roads of the beautiful Shelford villages. Chip timing provided. Suitable for families as well as experienced runners. Food and drinks and bouncy castle too. Entries are £15 per adult and £7 for under-15s, to raise funds for Great Shelford Playscape. Register online at www.shelfordfunrun.co.uk

Friday 28 & Saturday 29 Sept

Willingham Beer Festival

Friday 5pm to 11pm & Saturday midday to 11pm

Willingham Social Club, Fen Road, CB24 5LH

Raising funds for new disabled toilet facilities and village projects. Live music on both days, along with food vendors and speciality gins. Tickets £3. See www.willinghambeerfestival.co.uk



Sunday 21 October

Apple Gifting

11am to 3pm



Tithe Barn, entrance opposite 2 Waterbeach Road,
Landbeach, CB25 9FA

Begin your own apple gifting tradition. Get hands-on and decorate an apple with twigs, rosehips and candied fruit. In the past these were offered around the community as a sign of friendship, good health and good luck. Free admission to all Tithe Barn events, but donations welcome towards the restoration of the Tithe Barn. Contact tithebarntrust@gmail.com or see www.tithebarntrust.org.uk



Saturday 27 October

Repair Cafe

10am to 1pm



The Abington Institute, 66 High Street, CB21 6AB

Bring along items to be repaired and pick up a few repair skills at the same time. Repairers can take a look at small household appliances, electrical items, computers, mobile phones, bicycles and clothes. Book your item in by emailing abington@repaircafe.org.uk or turn up on the day

Sunday 11 November

The Mariner

7.30pm



Acclaimed touring theatre company Common Ground weave original music, song, puppetry and film projection into a play that intertwines episodes of the extraordinary life of Samuel Taylor Coleridge with his most famous work 'The Rime of the Ancient Mariner'. Tickets cost £12 (£10 under-21s) from Sylvia Sullivan on 01767 677906 or ssulledit@aol.com

Visit www.commongroundtc.co.uk for more information

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Cambridge Showroom: 53 High St, Trumpington, Cambridge CB2 9HZ 01223 915 899

Watford Showroom: 834 St Albans Rd, Garston, Watford WD25 9FL 01923 383 795

Brentwood Showroom: 137 High St, Brentwood, Essex CM14 4RZ 01277 889 362

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WIN... A Champagne welcome at the ADC Theatre

We're teaming up with the ADC Theatre in Cambridge to offer a full theatre experience package to two lucky winners.



Photos courtesy of Laura Wells & Evelina Gumileva

We're giving away two sets of four tickets to the spectacular 'future history play' King Charles III. Each package is worth around £80. Both our lucky winners will be able to treat three family members or friends to an unforgettable evening out, which will include being welcomed to the ADC with a bottle of Champagne. The show will take place between Tuesday 6 and Saturday 10 November at 7:45pm.

The ADC Theatre is a department of the University of Cambridge and is the oldest University playhouse in the country. It has helped to launch the careers of many theatre luminaries, including Eddie Redmayne, Rachel Weisz and Emma Thompson.

To be in with a chance of winning this fantastic prize, just answer the following question:

When does Recycle Week take place this year?

- a) 20 to 26 August
- b) 24 to 30 September
- c) 22 to 28 October

You can enter the competition online at www.scambs.gov.uk – click the 'Apply for it' button and then select 'Readers' competition'. Don't have internet access? You can enter by post. Send your name, address and telephone number, along with your answer to the question, to:

South Cambs Magazine Competition
 South Cambridgeshire District Council
 Cambourne Business Park
 Cambridgeshire
 CB23 6EA

Closing date for entries is 9am on Monday 1 October. Terms and conditions are available at www.scambs.gov.uk/t-c or can be requested by calling 03450 450 500.

Winners will be notified by Friday 5 October and announced in the winter edition of South Cambs Magazine.

Winner's spotlight



Congratulations to Lucy Callington from Histon who was the lucky winner of the readers' competition in the summer edition of South Cambs Magazine. Lucy won an annual family pass to Shepreth Wildlife Park, worth more than £250. Lucy said: "I'm so pleased to have won the family pass to Shepreth Wildlife Park. My children love Shepreth and enjoy seeing the tigers and meercats. We will be regular visitors over the summer!"

adc theatre corpus playroom



Photo: Jana Panakova

view our full season at adctheatre.com

THE TEMPEST

by William Shakespeare | ADC Theatre

The Tempest will draw from British folk tradition and European physical theatre techniques to tell the story of one of Shakespeare's most elusive plays.

TUE 2 - SAT 6 OCT AT 7:45PM
TICKETS £8-£14

FOOTLIGHTS TOUR SHOW 2018: PILLOW TALK

ADC Theatre

Expect free-flowing hilarity, excellent original writing and side-splitting character comedy, from 'the most renowned sketch troupe of them all'.

TUE 2 - SAT 6 OCT AT 11PM
TICKETS £6-£10

THE GLASS MENAGERIE

by Tennessee Williams | ADC Theatre

Tennessee Williams' masterfully intimate portrait of one man's memories of his family reveals the fragile nature of dreams and disillusionment.

TUE 9 - SAT 13 OCT AT 7:45PM
TICKETS £8-£14

LADY WINDERMERE'S FAN

By Oscar Wilde | Corpus Playroom

Lattes, laptops, London, and a director who's making Wilde a little Wilder.

TUE 16 - SAT 20 OCT AT 7PM
TICKETS £6-£10

RIBS

ADC Theatre

RIBS combines live music with true stories and testimonies to tell the forgotten story of illegal music bootlegging in 1950s Soviet Russia.

WED 24 - SAT 27 OCT AT 11PM
TICKETS £5-£9

A CHORUS LINE

ADC Theatre

With a blend of powerful vocals, high-energy choreography, and amusing and poignant vignettes **A Chorus Line** follows seventeen dancers as they audition for the chorus of a new Broadway show.

TUE 30 OCT - SAT 3 NOV AT 7:45PM
TICKETS £9-£15

THE DJINNS OF EIDGAH

by Abhishek Majumdar | Corpus Playroom

Two friends, two doctors, two soldiers. A girl unable to decipher reality. And djinns. A story of friendship, terror and resistance in an occupied state.

TUE 6 - SAT 10 NOV AT 7PM
TICKETS £6-£10

HIGH SCHOOL MUSICAL

ADC Theatre

High School Musical follows Troy and Gabriella as they break free from stereotypes in a school where everyone sticks to the status quo.

WED 7 - SAT 10 NOV AT 11PM
(SAT 10 NOV 2:30PM) TICKETS £6-£10

THE LAST OF THE HAUSSMANS

by Stephen Beresford | Corpus Playroom

Dealing with the legacy of the 1960s, **The Last of the Haussmans** is a riotous family drama that captures the spirit of a generation.

TUE 13 - SAT 17 NOV AT 7PM
TICKETS £6-£10

MOSQUITOES

by Lucy Kirkwood | ADC Theatre

Sisters Alice and Jenny are polar opposites, but when tragedy throws them together again, the collision threatens them with chaos.

TUE 13 - SAT 17 NOV AT 7:45PM
TICKETS £8-£14

BELLEVILLE

by Amy Herzog | Corpus Playroom

Americans Zack and Abby are young, recently married, and living the expat highlife in bohemian Belleville, Paris. It's a little too perfect.

TUE 20 - SAT 24 NOV AT 7PM
TICKETS £6-£10

CUADC/ FOOTLIGHTS PANTOMIME 2018: THE GINGERBREAD MAN

ADC Theatre

'Run, run as fast as you can. You can't catch me. I'm the Gingerbread Man.'

WED 21 NOV - SAT 1 DEC
TICKETS £10-£16



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